This continuing medical education service is brought to you by MIMS. Read the article ‘Pelvic Organ Prolapse’ and answer the following questions. This MIMS JPOG article has been accredited for CME by the Hong Kong College of Obstetricians and Gynaecologists.

**CME ARTICLE**

**Pelvic Organ Prolapse**

Answer True or False to the questions below.

1. Application of new imaging modalities in the study of pelvic floor dysfunction improves the result of management of POP.
2. Physical examination to detect paravaginal defects is reliable.
3. POP can regress spontaneously.
4. Pelvic floor muscle training for SUI can reduce the stage of prolapse.
5. Vaginal oestrogen therapy can reduce pessary-related complications.
6. About 50% of patients with vaginal pessary inserted for POP discontinue the use of vaginal pessary on follow-up.
7. Native tissue repair should be avoided for patients who develop vault prolapse after previous vaginal hysterectomy and pelvic floor repair.
8. Uterine preservation is proven not to affect long-term prolapse outcomes.
9. Laser should not be used for the treatment of POP except on an investigational basis.
10. It is reasonable to advise elective caesarean section to reduce the risk of POP in future.

Name in BLOCK CAPITALS: ________________________________

Signature: ____________________________________________

Date: ________________________________________________

Please mail your completed answer sheet back to:
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