This continuing medical education service is brought to you by MIMS. Read the article ‘An Approach to Plagiocephaly in Infants and the Role of Helmet Therapy’ and answer the following questions. Answers are shown at the bottom of this page. We hope you enjoy learning with MIMS JPOG.

CME ARTICLE

An Approach to Plagiocephaly in Infants and the Role of Helmet Therapy

Answer True or False to the questions below.

1. Cases of positional plagiocephaly require a referral to and evaluation by a craniofacial specialist.
2. The diagnosis of positional plagiocephaly requires confirmatory imaging in addition to detailed physical examination.
3. Cranial measurements taken with a calliper using standard landmarks are an objective method to quantify the severity and monitor the progression of positional plagiocephaly.
4. The CHOA Plagiocephaly Severity Scale is adopted as the standard classification system for quantifying and monitoring positional plagiocephaly.
5. Patients with positional plagiocephaly should receive physiotherapy in addition to education on repositioning techniques.
6. The main benefit of helmet therapy over repositioning is that it can achieve similar or better cranial symmetry in a shorter time period.
7. There are no side-effects to helmet therapy.
8. Positional plagiocephaly may improve over time even without any active intervention.
9. If the parents decline helmet therapy, no further follow-up is required.
10. Early adoption of preventive strategies can decrease the chances of developing positional plagiocephaly.

Answers:

1. False
2. False
3. True
4. False
5. True
6. True
7. False
8. True
9. False
10. True